



# Perinatal Mental Health Certification Program (PMH-C)

## About PSI

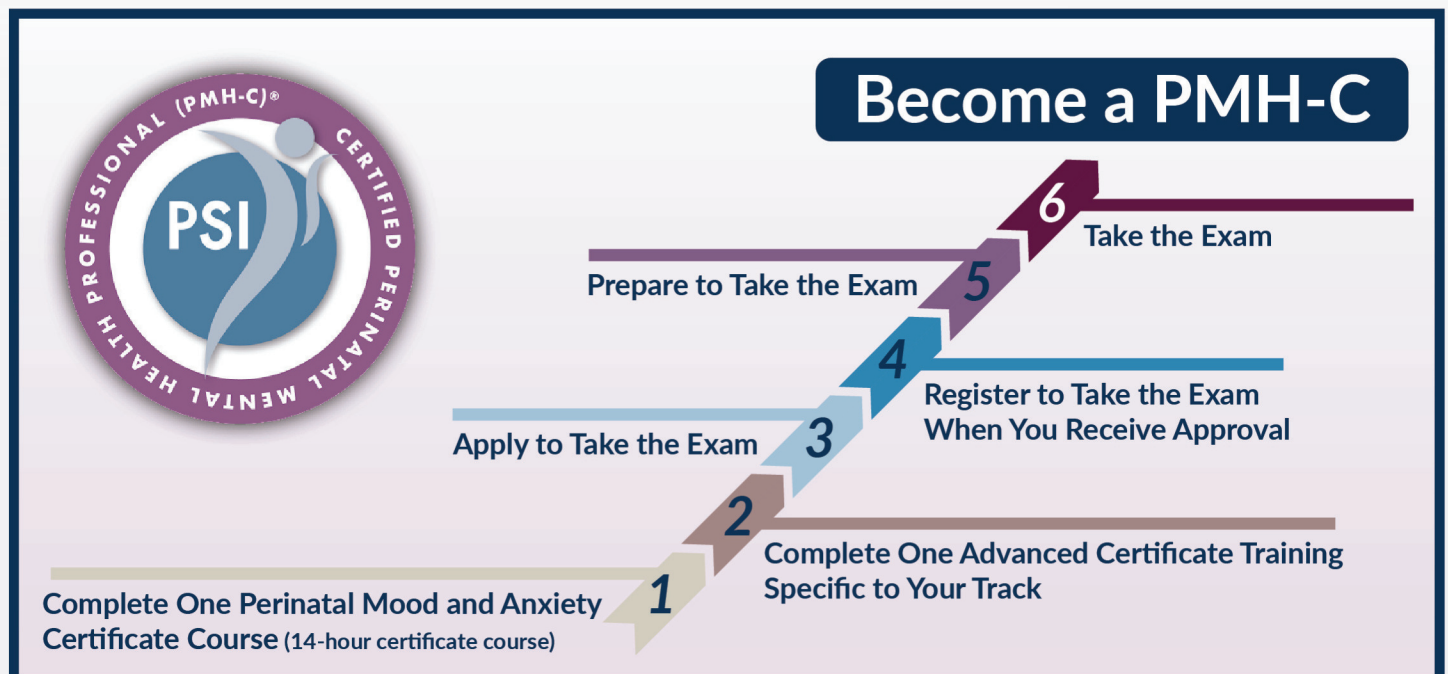
Postpartum Support International (PSI) is the leading organization dedicated to perinatal mental health disorders. Beyond direct support for pregnant, postpartum and post-loss individuals, PSI equips mental health and healthcare providers with resources to identify, support, and treat individuals experiencing perinatal mental health complications.



## Build Expertise, Gain Recognition

Join the PSI Perinatal Mental Health Certification (PMH-C) Program, an advanced and comprehensive initiative designed to elevate your proficiency in perinatal mental health.

Be a recognized specialist with a leading organization devoted to perinatal mental health disorders.





## Certification Overview



The PSI Perinatal Mental Health Certification (PMH-C) Program, developed in collaboration with Pearson VUE, extends beyond standard certificate training. It establishes a structured approach to professional education and evaluation. It sets a standard for training and experience, ensuring that families and payers can trust the expertise of perinatal mental health specialists.



### PMH-C Candidate Requirements:

- Two years of relevant work experience, post-graduation
- Graduate degree (psychotherapy), Medical degree or Advanced Practice Nursing degree (those who prescribe), BA or Certificates (affiliated professionals)
- Evidence-based perinatal mental health certificate training: 14.5 hours of certificate training + 6 hours of advanced training



### PSI Certificate of Completion Courses:

- Perinatal Mood and Anxiety Disorders: Components of Care (2-day training)
- Maternal Mental Health Certificate Course (Webinar series)
- Or Approved Alternate course



### Advanced Perinatal Mental Health Certificate Courses:

- **Courses that advance the overall mental health education for:**
  - Psychotherapy/Mental Health Providers
  - Those who prescribe medication
  - Affiliated Professions: Nurses, Doulas, Childbirth Educators, Lactation Consultants, Coaches, Occupational Therapists, Physical Therapists, Peer Support Specialists, and others

### For More Information or Course Application:

- Email: [certification@postpartum.net](mailto:certification@postpartum.net)

### Upcoming PSI Trainings:

- Explore our upcoming training sessions and events. Stay at the forefront of perinatal mental health expertise.
- Visit: <https://www.postpartum.net/professionals/certificate-trainings>