



Are You Pregnant?

MILITARY AFFILIATED PREGNANT WOMEN NEEDED FOR A RESEARCH STUDY!

Researchers from The University of Colorado Colorado Springs, the University of Virginia, and Weill Cornell Medicine are seeking participants for a study comparing two bassinets on maternal and infant sleep as well as maternal mental and physical outcomes.

You:

- Pregnant people
- Single pregnancy
- 18-45 years of age
- Military affiliated (active duty, spouse)
- No use of prescription sleep medications
- No plans to co-sleep with infant

The Study:

- You will be provided a bassinet for your infant for up to 6 months after birth
- Monthly online sleep and psychological assessments
- Monthly collection of behavioral sleep
- 3 blood draws
- Compensation for your time and participation

PROOF OF MILITARY AFFILIATION IS REQUIRED.

If interested, please email us at: SHINE@uccs.edu

or call: 719-255-3990

