



# Did you feel unheard, dismissed, or scared during birth?

## We want to hear your story.



You may be eligible to participate in this research study if you:

- ◆ Identify as a racial or ethnic minority in the United States
- ◆ Gave birth within the past **2 years**
- ◆ Experienced your birth as **mentally stressful or emotionally difficult**

Our aims:

- **Uplift** and **amplify** BIPOC mothers' voices
- **Improve** quality of care
- **Support** the overall well-being of BIPOC families

**Interested?** To see if you are eligible and access the study survey, scan the QR code or click the link:



[Link to Survey](#)

- Complete a **one-time, confidential** online survey
- Be eligible for a **\$15 gift card lottery**
- **Contribute meaningfully to women's health research**

