

NICOLE H. CIRINO, M.D.
BAYLOR COLLEGE OF MEDICINE
CURRICULUM VITAE

10/2024

PERSONAL STATEMENT:

I have established my academic career as a clinical scientist, international educator and advocate in the field of reproductive psychiatry (also known as women’s mental health or perinatal psychiatry). I have gained regional, national, and international recognition in this field. I have found myself uniquely positioned to liaison effectively between diverse communities, medical subspecialties, and clinical practice settings. My overarching goal has been to expand clinical knowledge and improve access to evidence based treatment of maternal mental illness.

I am a Professor and Division Director of the Division of Reproductive Psychiatry at Baylor College of Medicine in the Department of Obstetrics and Gynecology, with a secondary faculty appointment of Professor in the Menninger Department of Psychiatry. Our nationally recognized division includes a federally funded perinatal access line, PeriPan; an active Reproductive Psychiatry fellowship; multiple collaborative clinical programs including the Menopause Program and the Fetal Surgery program; and a newly established Perinatal Research program. Our division resides within one of the leading pediatric hospitals in the country, Texas Children’s Hospital.

Prior to joining Baylor College of Medicine in 2022, I served as the founder and Division Chief of the Women’s Mental Health and Wellness Program at Oregon Health Science University’s (OHSU) Center for Women’s Health (CWH). There I carried a dual faculty appointment in the Departments of Psychiatry and Obstetrics and Gynecology and created three multi-specialty clinics and several new curricula. At the time I founded this division, there were less than 20 such academic programs/ divisions of Reproductive Psychiatry/Women’s Mental Health nationally. Prior to this appointment I was the founder and director of The Women’s Mental Health Program at Loyola University Stritch School of Medicine in Chicago, Illinois.

I teach clinical aspects of reproductive psychiatry to more than 800 medical clinicians a year, including 5 different medical specialties. I serve on many national committees, holding leadership positions in several including Postpartum Support International (PSI), American Psychiatric Association (APA), International Society of Reproductive Psychiatrists (ISRP) and International Society for the Study of Women’s Sexual Health (ISSWSH).

Over the past 10 years I expanded my clinical expertise in this field to also include nationally recognized expertise in female sexual medicine by obtaining certification through AASECT and ISSWSH. As one of a handful of physicians who is also a Certified Sex Therapist (CST) in the country, I have developed curricula and programming in female sexual medicine to all levels of learners, from MS1 students to Primary Care faculty. I have also disseminated and developed curricula at the international level, working as a consultant and on international education committees in the field of reproductive psychiatry.

I. GENERAL BIOGRAPHICAL INFORMATION

A. Personal

- Full Name: Nicole Harrington Cirino MD
- Citizenship: US Citizen

B. Education (include institution/location, degree, and dates of attendance)

1. Undergraduate Education
B.A., Santa Clara University - Santa Clara, California 08/91-06/95
2. Medical Education
M.D., Loyola University, Stritch School of Medicine - Maywood, IL 07/95-06/99
3. Postgraduate Training
Northwestern University School of Medicine - Chicago, Illinois 07/99-06/03
General Psychiatry Resident
Chief Resident
Chicago Institute for Psychoanalysis- Chicago, Illinois 07/01-07/02
Psychoanalytic Psychotherapy Fellow
Northwestern University McGaw Medical Center 07/02-06/03
Women's Health Program, Fellow

C. Academic Appointments

1. Current Faculty Position(s)
Baylor College of Medicine, Houston TX
 - Division Director, Division of Reproductive Psychiatry 9/2022-
 - Professor, Department of Obstetrics and Gynecology 5/2023-
 - Endowed Chair of Reproductive Psychiatry, Maureen Hackett Foundation 5/2023-
 - Professor, Menninger Department of Psychiatry 5/2023-
 - *Senior Faculty*, Department of Obstetrics and Gynecology 9/2022-5/2023

2. Previous Faculty Position(s) at Other Institutions

Oregon Health & Science University, Portland OR.
 - Professor, Department of Obstetrics and Gynecology 7/2021-9/2022
 - Professor, Department of Psychiatry 7/2021-9/2022
 - Associate Professor, Dept. Psychiatry and OB/GYN 7/2016-7/2021
 - Assistant Professor, Dept. OB/GYN 9/2013-7/2016
 - Assistant Professor, Dept. Psychiatry 9/2007-7/2016
 - Division Chief, Division of Women's Mental Health and Wellness 7/2013-9/2022
 - Reproductive Psychiatrist, Center for Women's Health 7/2013-9/2022
 - Director, Perinatal Mood Disorder Clinic 7/2013-9/2022
 - Co-Director, CWH Menopause and Sexual Medicine Program 7/2017-9/2022
Loyola University Medical Center, Stritch School of Medicine Maywood, IL.
 - Assistant Professor 7/2003-7/2005
 - Director, Women's Mental Health Program 7/2003-7/2005
 - Assistant Clerkship Director 7/2003-7/2005
 - Assistant Residency Training Director 1/2005-7/2005

3. Current and Previous Courtesy Faculty Appointments at Other Institutions

D. Other advanced training/experience (include locations, dates and sources of support)

1. Formal Sabbatical Leave: (N/A)
2. Other Specialized Training Following Academic Appointment:

- Postpartum Support International Perinatal Mental Health Certification 2021
- Certificate of Completion -McLean Hospital's Institute for Trauma Informed Systems Change 2021
- Expert Witness Training – Perinatal Mental Health (PSI). 2020
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- American Academy of Sex Educators, Counselors and Therapists (AASECT) Certified Sex Therapist (Grant supported). 2016
- International Society Study Women's Sexual Health (ISSWSH) Int. Fellow 2017
- International Society Study Women's Sexual Health (ISSWSH) Fall training course. Scottsdale, Arizona- 2013 & 2016
- DBT for Trauma – Portland Dialectical Behavior Institute training 2013 & 2015
- Shoshana Center Perinatal Bereavement Training and Certification 2018

E. Other information

1. Honors or Awards (titles, dates)
 - Outstanding Teaching Award – Menninger Department of Psychiatry Residency Training Program, Baylor College of Medicine 2023
 - Consultation Liaison Psychiatry Teaching Award Department of Psychiatry OHSU 2021/2022
 - OHSU Continuing Professional Development Educator Award – CME Educator 2018-2020
 - Oregon Top Doctor of Psychiatry: Portland Monthly 2011-2018, 2020- 2023
2. Board Eligibility/Certification
 - Diplomat, American Board of Psychiatry and Neurology #53603 2004-
3. Other Non-academic Positions (include locations, titles, dates of employment)
 - Medical Director, Perinatal Mental Health Program, Wildwood Psychiatric Resource Center. Beaverton, OR. 2005-2011
 - Director, Mother Infant Intensive Outpatient Program. Cedar Hills Hospital. Portland OR. 2010-2011

II. RESEARCH INFORMATION

A. Research Support (provide complete information for each project)

ACTIVE RESEARCH SUPPORT:

1. Uterine Transplantation and Pregnancy Induction in Women affected by Absolute Uterine Factor Infertility (Recipient) PI Gross, J **Cirino N. Co-I** 11/2021-

COMPLETED RESEARCH SUPPORT

1. OHSU Faculty Initiative Pool. Women in Healthcare Wellness Retreat for CWH Women's Mental Health Faculty During the Covid-19 Pandemic. **Cirino, N.** 2022
2. OHSU Obstetrics and Gynecology Mission Support Award. Title: Trauma-Informed Obstetric Care: An interdisciplinary care model for patients at risk for Perinatal PTSD. Mentor: **Cirino, N.** 2021-2022.
3. Clinical Evaluation of Daily Application Nestorone® (NES) and Testosterone (T) Combination Gel for Male contraception Co-Investigator IRB number STUDY00021247 Co-I: **Cirino, N.** 2021-2022
4. OHSU Obstetrics and Gynecology Mission Support Award. Title: Development of the Menopause and Sexual Medicine Program. Primary Awardee: Adams, K., **Cirino, N.** 2017-2018
5. Medical Research Foundation of Oregon, New Investigator Award.

Title: Feasibility and Acceptability of a Translational Study of MBCT-PD for Women with a History of Childhood Maltreatment. P.I. Kristen Mackiewicz Seghete. Sub Investigator: **Cirino, N.** 2017–2019

6. Medical Research Foundation Award. Title: Mindfulness Based group Cognitive Therapy for Provoked Localized Vulvodynia. P.I. Leclair, C. Sub Investigator: **Cirino, N.** 2016-2018

B. National Scientific Participation (include dates and titles)

1. Editorial Contributions:

Associate Editor: OB/GYN Clinical Alert.	2018-2022
Peer Reviewer:	
• Molecular Psychiatry	2024
• The Journal of Clinical Psychiatry	2021
• Sexual Medicine	2020-
• Maternal and Child Health Journal	2019-2020
• British Medical Journal Open	2019-
• CME course reviewer Relias Academy:	2019 – 2021
• American Journal of Obstetrics and Gynecology	2018-

2. Review Panels and Selection Committees (e.g., NIH Study Sections, Review Panels)
 - *Chair, Hickman Research Award Committee, Postpartum Support International* 2019-
 - *Research Mentor, Baylor College of Medicine Women’s Reproductive Health Research (WRHR) K12 Program Advisory Council* 2023-

3. Professional Societies
 - *American Psychiatric Association (APA)* 2001-
 - *Marce of North America (MONA)* 2020-
 - *Marce* 2020
 - *Oregon Psychiatric Physician Association (OPPA)* 2006-2022
 - *Texas Psychiatric Physician Association* 2022-
 - *Society for Sex Therapy and Research (SSTAR)* 2015-
 - *American Association of Sexuality Educators Counselors & Therapists (AASECT)* 2014-
 - *International Society for the Study of Women’s Sexual Health (ISSWSH)* 2015-
 - *Postpartum Support International (PSI)* 2003-
 - *International Society of Reproductive Psychiatry* 2019-

4. Elected Positions

<i>Postpartum Support International (PSI)</i>	
• <i>Chairman, Executive Board</i>	7/2024-
<i>American Psychiatric Association</i>	
• <i>Member, Council of Women’s Health</i>	5/2024
<i>Oregon Psychiatric Physician Association (OPPA)</i>	
• <i>President</i>	2020-2021
• <i>President Elect</i>	2019-2020
• <i>Chairman, Programming Committee</i>	2008-2011
<i>International Society Reproductive Psychiatry</i>	
• <i>Chairman, Education Committee</i>	2020-

Invited Lectures, Presentations, Seminars (Provide complete citation for each presentation, including author(s), year, title of presentation, name of meeting or host organization, location, date.)

National and International:

- Sex on the Female Brain: An Evidence Based Approach to Low Libido. **Cirino, N.** Pacific Northwest Update in Obstetrics and Gynecology. Portland, OR. 10/2024
- Mass General Hospital Virtual Rounds at the Center for Women's Health **Cirino, N.** 5/2024
- 2024 Update on Female Sexual Dysfunction **Cirino, N.** ACOG Joint Meeting of Alabama and Mississippi Sections. Destin, FL 4/2024
- Postpartum Psychosis and Infanticide: Debunking the Myths. **Cirino, N.** Psych Congress 9/2023.
- Junction of Criminal Justice and Maternal Mental Health. **Cirino, N.** Smith, G. Rise, Resist, Represent National Virtual Conference. National Association for Public Defense 3, 2024
- Physician Sexual Medicine Panel 2024 4th Annual Symposium of Female Sexual Medicine. **Cirino, N.** Goldstein, A. Milhouse, F. Desapri, K. Virtual 1/2024
- Introduction to Reproductive Psychiatry and Perinatal Mental Health Preconference Dalthorp, R.; Barrett, M.; **Cirino N.** et al. Psych Congress Nashville, TN 9/2023
- Perinatal Obsessive Compulsive Disorder **Cirino, N.** Brandt, K. Postpartum Support International Kansas City, MI. 7/2024.
- Postpartum Psychosis and Infanticide: Debunking the Myths. **Cirino N.** Psych Congress Nashville, TN 9/2023
- Perinatal Obsessive Compulsive Disorder **Cirino N.** Brandt, K. Postpartum Support International Annual Conference Kansas City MS 6/2023
- Sex on the Female Brain: Evidence Based Approach to Women Veterans with Sexual Dysfunction. **Cirino N.** Women's Mental Health Teleconference Series. Virtual 4/2023
- Perinatal Anxiety Disorders: Key Concepts for the Obstetrician **Cirino N.** Grand Rounds University of Chicago, IL 1/2022
- Reproductive Psychiatry 2022 Update: The Role of Neuroactive Steroids **Cirino N.** 12th Annual International Behavioral Medicine Conference. DHR Health Edinburg, Texas. 10/2022.
- Reproductive Psychiatry 2022 Update: The Role of Neuroactive Steroids **Cirino N.** University of California, Riverside. Grand Rounds Department of Psychiatry Riverside, CA. 6/2022
- Mood, Menstrual Cycle and Hormones. **Cirino N.** International Society for Study Women's Sexual Health (ISSWSH) Annual Conference. Dallas, Texas. 3/2022
- Sex on the Female Brain: The role of neurotransmitters and reproductive hormones on female sexual function. **Cirino N.** International Society of Reproductive Psychiatry/ Psych Congress. San Antonio, Texas. 10/2021
- Evidence Based Approach to Low Libido in Women. **Cirino N.** Adams K. Department of Obstetrics and Gynecology Grand Rounds, University of Arizona. Tucson, Arizona. 11/2021
- Perinatal post-traumatic stress disorder: A review of risk factors, diagnosis and treatment. **Cirino N.** International Marcé Society for Perinatal Mental Health Iowa City, Iowa. 9/2020
- Teaching Perinatal Mood and Anxiety Disorders (PMADS) to Medical Students and Residents in an academic teaching setting: PSI Symposium. **Cirino N.** International Marcé Society for Perinatal Mental Health Iowa City, Iowa. 9/2020
- Sex on the Brain: The role of neurotransmitters and reproductive hormones on female sexual function. International Society of Reproductive Psychiatry. **Cirino N.** Austin, Texas. 9/2020 (Conference cancelled due to Covid-19)
- Female Sexual Dysfunction Update: Diagnosis and Treatment. **Cirino N.** Adams K. Medicine of Human Sexuality. Las Vegas, Nevada. 4/2020 (Conference cancelled due to COVID-19)
- Perinatal Mood and Anxiety Disorders: 2020 Update. **Cirino N.** PMG Annual CME Conference. San Antonio, Texas. 2/2020
- Office Based Approach to Low Libido in Women. **Cirino N.** PMG Annual CME Conference. San Antonio, Texas. 2/2020

- Perinatal Anxiety Disorders: Etiology, Diagnosis, Treatment. **Cirino N.** Metro Health Women's Health Symposium. Cleveland Ohio 11/2019
- Female Sexual Dysfunction in 2019. **Cirino N.** Medicine of Human Sexuality Conference. Las Vegas, Nevada 4/2019
- Evidence based approach to Low Libido in Women. **Cirino N.** Medicine of Human Sexuality Conference. Las Vegas, Nevada 4/2019
- Psychopharmacology in Pregnancy and Lactation. **Cirino N.** Postpartum Support International Specialty Advanced Psychopharmacology. Certificate Training. Anchorage, Alaska. 4/ 2019
- Reproductive Psychiatry Symposium: Focus on Perinatal Psychopharmacology. **Cirino N.** Postpartum Support International Annual CME Conference. Houston, Texas. 7/ 2018
- Psychopharmacology in Pregnancy and Lactation. **Cirino N.** Postpartum Support International Certificate Training. Boise, Idaho. 2018

Regional & Local Invited

- Postpartum Psychosis (PPP) and Infanticide: Clinical and Legal Perspectives. Texas Tech University Health Science Center, Department of Psychiatry Grand Rounds. **Cirino, N.** 6/2024.
- Postpartum Psychosis (PPP) and Infanticide: Clinical and Legal Perspectives in 2023 Menninger Department of Psychiatry and Behavioral Sciences Grand Rounds. **Cirino, N.** 11/2023.
- Reproductive Psychiatry Update in 2023: The Role of Reproductive Hormones on Mood and Behavior **Cirino. N.** Texas Children's Hospital Virtual Education Series 12/2023
- Evidence Based Approach to Low Libido. **Cirino N.** 2023 District XI Annual District Meeting American College of Obstetricians and Gynecologists 7/2023.
- Psychopharmacology for Perinatal Depression and Anxiety (I & II). **Cirino, N.** Texas Child Health Access Through Telemedicine (TCHAT) Perinatal Psychiatry Access Network (PeriPAN) ECHO 7/2023
- Psychosocial Aspects of PAS Care Texas Children's Hospital Placenta Accreta Spectrum Workshop **N. Cirino** L. Noll Texas Children's Hospital Houston Texas 6/2023
- The Texas Child Mental Health Care Consortium **N. Cirino** H. Modi. Community Awareness Series. Department of Family Medicine, Baylor College of Medicine. Houston, Texas 10/2022.
- Reproductive Psychiatry Update 2021: Influence of Neurosteroids and Reproductive Life Events on Mood and Behavior **N. Cirino,** T. Davoudian OHSU Department of Psychiatry Grand Rounds. Portland, Oregon 5/2021
- Reproductive Psychiatry Update 2021: Role of Hormonal Interventions in Psychiatric Treatment **N. Cirino** Oregon Psychiatric Association Annual CME Conference: Cultivating Connection through Crisis. Portland, Oregon. 3/2021
- Reproductive Psychiatry Update 2021 for Primary Care. **N. Cirino** Adult Mental Health Update. Oregon Health Science University CME Conference. Portland, Oregon. 3/2021
- Psychopharmacology in Pregnancy and Lactation. **Cirino N.** Postpartum Support International Specialty Advanced Psychopharmacology. Certificate Training. Portland, Oregon. 3/2021
- Treatment of Obsessive-Compulsive Disorder in the Primary Care Setting. **N. Cirino** Adult Psychiatry II ECHO program. (Statewide tele broadcast) Oregon 6/2020
- Biopsychosocial Approach to Perinatal Mood and Anxiety Disorders. 2020 Update **N. Cirino** OHSU 51st Annual Primary Care Review, Portland, Oregon 2/2020
- Treatment of Behavioral Health Disorders in Special Populations—Pregnancy. **N. Cirino** Adult Psychiatry II ECHO program. (Statewide tele broadcast) Oregon 12/2019
- Perinatal PTSD: Etiology, Diagnosis and Treatment. **N. Cirino** OHSU Psychiatry Grand Rounds. Portland, Oregon 11/2019

- Psychopharmacology in Pregnancy and Postpartum: 2019 Update. **N. Cirino** Women's Healthcare Symposium Peace Health. Springfield, Oregon. 11/2019
- Sex on the Brain: Neurobiology of Female Sexual Dysfunction, Understanding the Role of Medication. **N. Cirino** AASECT local chapter meeting CE event. Portland, Oregon 10/2019
- I Don't Want it but I Wish I Wanted it: Office-based Approach to Low Libido in Women. **N. Cirino** OHSU Department of Obstetrics and Gynecology Grand Rounds. 3/2019
- Intro to Sexual Medicine: Focus on Low Libido. **N. Cirino** 3rd Annual Adult Mental Health Update: Strategies for Primary Care. Portland, Oregon 3/2019.
- Perinatal Substance Use. **N. Cirino** J. Lo Oregon Psychiatric Association Winter CME conference. Portland, Oregon 3/2019
- Evidence Based Approach to Low libido for the Female Psychiatric Patient. **N. Cirino** OHSU Department of Psychiatry Grand Rounds, Portland, Oregon. 11/2018
- Perinatal PTSD: Etiology, Diagnosis and Treatment. **N. Cirino** (Keynote) OHSU Pacific Northwest Update in OB/GYN and Women's Health. Portland, Oregon. 11/2018
- Update on Diagnosis and Treatment of PMADs. **N. Cirino** American College of Obstetricians and Gynecologists- Oregon Branch. Portland, Oregon. 6/2018
- OB Hemorrhage. A Multidisciplinary Approach for Recognition and Treatment. **N. Cirino** J Snyder K. Spooner. OHSU Department of Obstetrics and Gynecology Grand Rounds. Portland, Oregon 4/2018
- Mindfulness Based group CBT for Provoked Localized Vulvodynia. **N. Cirino** OHSU Center for Women's Health, Vulvar Health Forum. Portland, Oregon. 2018

C. Publications (provide complete citation for each item listed; use underline or bold font for your name; number each list, preferably in reverse chronological order)

1. Full Papers in Peer Reviewed Journals
Published

- Franta G., Hersh, AR., **Cirino, N.** Caughey, A. (2022): Prevention of perinatal depression with counseling in adolescents: a cost-effectiveness analysis, The Journal of Maternal-Fetal & Neonatal Medicine, DOI: 10.1080/14767058.2022.2049746
- Davoudian, T. Gibbons, K. **Cirino, N.** Perinatal Loss: The Impact on Maternal Mental Health Obstetrical & Gynecological Survey Vol.76, Mo.4, April 2021
- **Cirino, N.** Zuranolone Trial Shows Early Promise as an Oral Neuroactive Steroid for the Treatment of Postpartum Depression OBGYN Clinic Alert Vol. 38, Issue 8, December 2021
- **Cirino, N.** A Prospective Look at the Course of Untreated ADHD in Pregnancy Gains Attention OBGYN Clinic Alert Vol. 37, Issue 12, April 2021
- **Cirino, N.** Perinatal Mental Health During the COVID-19 Pandemic: The Role of the OB/GYN. OBGYN Clinic Alert Vol. 37, Issue 8, December 2020
- **Cirino, N.** Fezolinetant Shows Positive Response in Vasomotor Symptoms Associated with Menopause. OBGYN Clinic Alert Vol. 37, Issue 3, July 2020
- **Cirino, N.** Baby-Friendly Policies May Be Ineffective in Improving Breastfeeding Outcomes in the United States. OBGYN Clinic Alert Vol. 36, Issue 11, March 2020
- **Cirino, N.** CNS Agents Emerge as Frontrunners in FDA-Approved Treatments for Low Libido in Women. OBGYN Clinic Alert Vol. 36, Issue 10, February 2020
- **Cirino, N.** Office Based Behavioral Interventions for Menopausal Related Insomnia Also Improves Depressive Symptoms. OBGYN Clinic Alert Vol. 36, Issue 3, July 2019
- **Cirino, N.** Knapp, J. Perinatal Post-traumatic stress disorder: A review of risk factors, diagnosis and treatment. Obstetrical & Gynecological Survey 74(6):369-376, June 2019
- **Cirino, N.** Brexanolone for Postpartum Depression: Promising, but Will It Deliver? OBGYN Clinic Alert Vol. 35, Issue 11, March 2019

- Guillet, A. **Cirino, N.** Hart, K Leclair, C. Mindfulness-Based Group Cognitive Behavior Therapy for Provoked Localized Vulvodynia: A Randomized Controlled Trial. *Journal of Lower Genital Tract Disease.* 23(2):170-175, April 2019
- Guillet, A. **Cirino, N.** Polan-Orzech, C. Leclair, C. Mindfulness-Based Group Cognitive Behavior Therapy for Women with Provoked Localized Vulvodynia: A Randomized Controlled Trial. *The Journal of Sexual Medicine.* Volume 15, Issue 6, Supplement 2, S99-S122 June 2018
- Wetzel, S. Miller, E. **Cirino, N.** Dukhovny D. Ameel, B. Caughey, A. Routine antenatal screening for depression: what are the outcomes and is it cost-effective? *American Journal of Obstetrics and Gynecology.* 214(1): S383–S384, Jan 2016
- Rompala, K. S. **Cirino, N.** Rosenberg, K. D., Fu, R., & Lambert, W. E. (2016). Prenatal Depression Screening by Certified Nurse-Midwives, Oregon. *Journal of Midwifery & Women's Health,* 61(5) 2016.
- Miller, L. **Cirino, N.** Dresner, N. Anxiety Disorders in Women. *ACOG Update,* 30(11), May 2005
- Miller, L. **Cirino N.** Dresner, N. Anxiety Disorders in Women. *Psychiatric Update,* 24(9), Sept 2004

Accepted/In Press: N/A

2. Full Papers Without Peer Review
Published

- **Cirino, N.** Wait for the Science Before Widespread Use of Psilocybin. *Psychiatric Times.* September 2020.
- **Cirino, N.** Artists with Bipolar Disorder: Perspectives on Creativity and Psychiatric Treatment. *The Loyola Psychiatric Forum.* Nov 2003 XI: I

In Preparation: N/A

3. Abstracts Given During Last Three Years (based on posters or oral presentations)

- The cost-effectiveness of counseling interventions for young women at risk of perinatal depression. Franta, G. **Cirino, N.** Caughey. Poster presented at the Annual Meeting of the Society of Maternal Fetal Medicine Research 2/2020
- Mindfulness-Based Group Cognitive Behavior Therapy vs Education Support for Provoked Localized Vulvodynia: A Randomized Controlled Trial. Guillet, A., C Polan-Orzech, MA LMFT, **Cirino, N.,** Leclair, C. Poster presented at International Society for the Study of Women's Sexual Health. San Diego, California. 4/2018

4. Books

a. Complete Books Written: N/A

b. Books Edited: N/A

c. Book Chapters:

- Woodward, J., **Cirino, N.,** Coplan, S., & Davoudian, T "Integrated behavioral health care in reproductive medicine: How and why to include mental health professional in infertility care teams." 2024;67(4):223-233
- Davoudian, T. Knapp, J. Weber, L. **Cirino, N.** Psychotherapy and Medication Interventions for Perinatal Mood and Anxiety Disorders across Settings. *Behavioral Health Services with High-Risk Infants and Families: Meeting the Needs of Patients, Families, and Providers in Fetal, Neonatal Intensive Care Unit, and Neonatal Follow-Up Settings.* Oxford press 2022.
- **Cirino, N.** Dresner, N. Postpartum Psychological Morbidity. Blickstein and Keith. *Multiple Pregnancies: Epidemiology, Gestation and Perinatal Outcome.* London and New York, Parthenon Publishing, 2005:2:734-742

5. Other Works Communicating Research Results to Scientific Colleagues (e.g., professional newsletters, blogs, video presentations, etc.)
 - Sex on the Brain: An overview of how the brain impacts female sexual function. **N. Cirino** OHSU Brain Institute, BRAINet Brain Research and Information Network Portland, Oregon 2/2019
 - Sexual Pain, Mood and Menopause. **N. Cirino** CWH Menopause Lecture Series. 2019
 - Work Life Balance: A table discussion. **N. Cirino** Women In Academic Medicine Conference. OHSU. Portland, Oregon 2018
 - The effect of Female Reproductive Hormones on Mood. **N. Cirino** Grit and Grace. Portland, Oregon 2018
 - Menopause and Mood in 2017: How Hormones can Affect Your Mental Health. **N. Cirino** OHSU Making Sense of Menopause conference. OHSU Center for Women’s Health. Portland, Oregon. 2017
 - Late Life Sexuality. **N. Cirino** OHSU Making Sense of Menopause Conference. OHSU Center for Women’s Health. Portland, Oregon 2017
 - Diagnosis and Treatment of Perinatal Mood and Anxiety Disorders. **N. Cirino** Wellmama (Nonprofit), Eugene, Oregon 2016
 - Evolving Role of Wellness in Psychiatry. **N. Cirino** OHSU Center of Women’s Health Spring Salon Series, Portland, Oregon 2014.
 - Depression Across the Female Reproductive Cycle. **N. Cirino** Mini Med School Community Lecture Series, Loyola University, Stritch School of Medicine. Maywood, IL. 2004

6. Other Works Communicating Research Results to General Public (e.g., newspaper and other print resources, web-based communications, video and television media)
 - The First Postpartum Depression Pill The Brian Lehrer Show. National Public Radio. **Dr. Nicole Cirino** provides an expert look at Zurzuvae, the first pill approved for Postpartum Depression.
 - Mom Shares Experience with Postpartum OCD. Today.com **Dr Nicole Cirino** discusses Perinatal OCD and options for treatment. March 2023.
 - FDA approves new drug for women with low sexual desire disorder – **Nicole Cirino** speaks to Michael Nedelman, CNN Fri June 2019.
 - Bremelanotide -**Nicole Cirino** Speaks with Melissa Healey for L.A Times around FDA approval for another HSDD agent. 2019
 - Brexanolone – **Nicole Cirino** speaks with ABC News medical correspondent Linda Drozdowicz, M.D. about FDA approval of the first drug for Postpartum Depression. 2019
 - Postpartum Depression – **Nicole Cirino, M.D.** speaks with Nanny Magazine regarding potential indicators and interventions for postpartum depression in new mothers. 2019
 - Women’s Health – Karen Adams, M.D. and **Nicole Cirino, M.D.** discuss the impact of insomnia in menopausal women on KGW TV’s “Portland Today”. 2018
 - National Women’s Health Week – **Nicole Cirino, M.D.** and Karen Adams, M.D., discuss menopause, weight gain later in life and other women’s health care concerns on KGW TV’s Portland Today. 2018
 - Depression after Menopause- **Nicole Cirino M.D** <http://www.everydayhealth.com/news/late-menopause-may-mean-less-depression/Everyday Health>. 2016
 - Anxiety in Women — **Dr. Nicole Cirino** says one-third of all women will meet the criteria for anxiety at some point in their lives: Portland Tribune “Healthy Life” special section. 2016

- ADHD during Menopause – **Dr. Nicole Cirino** speaks on treating cognitive effects of Menopause HealthDay: <https://consumer.healthday.com/kids-health-information-23/attention-deficit-disorder-adhd-news-50/could-adhd-drug-find-new-role-in-menopause-700348.html> 2016
- Placenta Pills -**Dr. Nicole Cirino** speaks on the role of placenta pills for treatment of perinatal depression. NPR: <https://www.npr.org/sections/health-shots/2015/06/04/411990944/placenta-pills-gain-fans-among-new-moms-but-benefits-are-elusive> 2016

D. Innovation and Commercialization

1. Patents (list applications, patents awards, business development resulting from patents)
2. Device, Software or Other Development
3. Evidence of Impacting Health/Scientific Policy or Clinical Practice Guidelines (e.g., note policy or guidelines where publications were cited)
4. Participation in Business Development and Commercialization
5. Other Activities

III. TEACHING INFORMATION

A. Educational Leadership Roles – National and International

- Postpartum Support International
 - Education Committee member 2019-2022
- Psych Congress
 - Steering Committee 2023-
- International Society Reproductive Psychiatry
 - Education Committee Chair 2019–2024
- International Society for the Study of Women’s Sexual Health
 - Scientific Committee Member 2019-2023
 - Annual CME conference moderator 2019-2023

Educational Leadership Roles – Regional and Local

- OHSU Psychosomatic Medicine Program Evaluation Committee 2015-2022
- OHSU Psychosomatic Medicine Clinical Competency Committee Portland VA 2013-2022
- LUMC Assistant Clerkship Director 2003-2005
- LUMC Assistant Residency Training Director 1/2005-7/2005

B. Didactic Coursework (include dates, number of hours and approximate numbers of learners)

1. Courses Taught at Current Institution
 - Baylor College of Medicine, Psychiatry Residency training Program
 - Female Sexual Medicine 2023, 2024
 - Baylor College of Medicine, OB/GYN Residency training Program
 - Perinatal PTSD 2024

5. Courses Taught at Other Institutions
 - Oregon Health Science University, School of Medicine MS1 year
 - CPR Enrichment: Sex on the Female Brain: How Reproductive Hormones Influence Sexual Function in 5/2020
 - Oregon Health Science University, School of Medicine MS2 year
 - Perinatal Mood and Anxiety Disorders. Annual DEVH course (2014-present)
 - Mid Life... Does it have to be a crisis? Annual Panel DEVH course 2019, 2020,2021
 - Oregon Health Science University, Department of Obstetrics and Gynecology

- Female Sexual Dysfunction: MS3 Clerkship OBGYN Lecture Series (Monthly 2013-present)
- Bipolar Disorder in Women (OB/GYN Residency Education 2013, 2015, 2017)
- Antidepressant Use in the Perinatal Period I and II (OB/GYN residency education 2016, 2017, 2018)
- Psychopharmacology in Pregnancy: Focus on Antidepressants (MFM Conference (2012))
- Oregon Health Science University, Psychiatry Residency Program (2007-present)
 - Women’s Mental Health Lecture Series (2010-present)
 - PGY1 –Treatment of Perinatal Emergencies
 - PGY1- Introduction to Reproductive Psychopharmacology
 - PGY3- Introduction to Psychopharmacology: Focus on Antidepressants
 - PGY3- Depression and Anxiety Across the Reproductive Life Cycle
 - PGY3- Treatment of Postpartum Depressive Disorders
 - PGY3- Introduction to Sexual Medicine in women
 - Reproductive Psychiatry Journal Club faculty lead (2019-2022)
 - Mock boards Instructor (2008- 2011)
 - Clinical Interviewing Seminar MSIII (through 2010)
 - “Expert” Hour – Evidence Based Approach to Reproductive Psychiatry (2008)
 - Noon Conference- Update on Antidepressants in Pregnancy (2007)
- Oregon Health Science University, Consultation Liaison Psychiatry fellowship
 - Female Sexual Dysfunction Journal Club 2018- 2020
- Oregon Health Science University, Geriatric Medicine fellowship
 - “Sex and Aging” 2019, 2020
 - “Depression and Anxiety During the Menopausal Transition” 2020
- Oregon Health Science University, Department of Family Medicine
 - Principals of Reproductive Psychiatry, Focus on Bipolar PGY1-4 2015, 2017
 - Female Sexual Dysfunction: Focus on Sexual Pain Disorders PGY1-4 2016, 2017
 - Perinatal Mood and Anxiety Disorders PGY1-4 2017
- Oregon Health Science University, Department of Pediatrics PGY1-PGY3 2015
 - PMAD patient panel: Role of the Pediatrician
 - Role of Pediatricians in the Diagnosis and Treatment of Perinatal Mood and Anxiety Disorders
- Oregon Health Science University, School of Nursing, CNM program
 - Psychopharmacology in Pregnancy 2013
- Oregon Health Science University, Department of Public Health and Preventive Medicine 2008-2010
 - Women and Mental Health

6.

- Loyola U. Stritch School of Medicine, Psychiatry Residency Program (2003/2004- 2004/2005)
 - Clinical Psychopharmacology Course (PGY 1)
 - Psychopharmacology in Women I, II (PGY2)
 - Introduction to Psychotherapy Seminar Series (PGY3)
 - Treatment of the Female Psychiatric Patient (PGY4)
 - Individual Psychotherapy Supervision (weekly PGY3/PGY4)
- Loyola U. Stritch School of Medicine, OB/Gyn Residency Program (2004/2005, PGY3-PGY5)
 - Management of Postpartum Psychiatric Disorders
 - Psychopharmacology in Pregnancy and Lactation
 - Postpartum Adjustment and Pregnancy Loss
 - Eating Disorders in Primary Care
 - Childhood Sexual Abuse in the OB/GYN Patient

- Loyola U. Stritch School of Medicine, Medical Student Education (2003/2004 - 2004/2005)
 - Affective Disorders II: Bipolar disorder (MSII –Therapeutics Course)
 - Bipolar Learning Block (MSIII Clerkship series)
- Northwestern University School of Medicine, Department of Psychiatry (2001/2002 - 2002/2003)
 - Psychopharmacology I-IV (MSIII)
 - The Psychiatric Interview (MSIII)
 - Ethics in Psychiatry (MSIII)

C. Curriculum Development Work (include institution where work was done and whether work was disseminated beyond home institution)

1. Course(s)/Curricula to Which Contributions Have Been Made

Oregon Health Science University

- Developer and Co-Director, Menopause and Sexual Medicine Training Clinic CWH OBGYN and Psychiatry residents, Faculty
2017-2022
- Developer and Course Director, Medical Student Special Elective – Reproductive Psychiatry M4
2017-2022
- Developer Perinatal Psychiatry lecture series (Pre-clinical) – Medical School M2
2017-2022
- Developer and Course Director, Women’s Mental Health Curriculum - Dept of Psychiatry R2, R3
2012-2022
- Course Director, Perinatal Mood Disorder Clinic, CWH Division of Women’s Mental Health and Wellness, OHSU Department of Obstetrics and Gynecology OBGYN R1, Psychiatry R3, Fellows
2013-2022
- Developer and Course Director, Perinatal Mood and Anxiety Disorder Series – Dept. Pediatrics. R1-R3
2015-2022

Loyola University, Stritch School of Medicine

- Developer and Course Director, Psychopharmacology. Psychiatry Residency – LUMC R2-R4
2004-2005
- Psychotherapy Seminar. Psychiatry Residency- LUMC R2-R4
2004-2005

2. Role in Course/Curriculum Development: (see above)

3. Audience(s) for Course(s)/Curricula Developed: (see above)

D. Non-didactic Teaching (include institution where work was done)

1. Resident Training (include estimate of time spent, numbers of learners)

- TCH/BCM *Women’s Place* Reproductive Psychiatry Clinic TCH/BCM – 8 hours/week. 2-4 weekly learners including PGY3, PGY4
2022-
- OHSU Perinatal Mood Disorder Clinic – 4 hours/week. 8 resident learners/year. OBGYN R1s rotate weekly for 8 weeks as part of their core rotations. Psychiatry R3s rotate for 3 months as an elective.
2013-22
- OHSU Menopause and Sexual Medicine Clinic- 4 hours/week. OB/GYN Chief residents rotate through this clinic for 1-4 months. Psychiatry R4s rotate through this clinic as an elective for 1-4 months.
2017-22

2. Clinical Fellow Training

- TCH/BCM *Women's Place* Reproductive Psychiatry Clinic TCH/BCM – 4 hours/week. WMH Fellow, C/L Fellow. 2022-
 - OHSU Perinatal Mood Disorder Clinic – 4 hours/week. Each Psychosomatic fellow rotates for 6-month increments. 2 per year. 2013-22
3. Research Fellow Training: N/A
 4. Graduate Student Training (describe your role, such as major advisor or committee member; provide information about each fellow as above)

E. Faculty Development or Continuing Medical Education (list contributions as a course developer, presenter, etc.)

Postpartum Support International

- Education Committee member 2019-2022
 - 2-Day Perinatal Mood and Anxiety Disorders Training
 - Advanced Perinatal Mental Health Training
 - Certification in Perinatal Mental Health – PMH-C
 - Frontline Provider Training
 - Oversee all educational and certification activities at PSI.

Psych Congress

- Scientific Steering Committee member 2022/2023/2024

International Society Reproductive Psychiatrists

- Chair, Education Committee
Plan and moderate the ISSWSH Annual CME meeting 2019–

International Society for the Study of Women's Sexual Health (ISSWSH)

- Member, Scientific Committee
We plan the Women's Mental Health track at the annual Psych Congress International CME meeting 2019-

F. Lectures and Presentations (provide complete citation for each item; list invited lectures in II.B.5 and lectures, posters or presentations with published abstracts in section II.C.3)

1. International
2. National
3. Regional
4. Local

G. Visiting Professorships (include location, dates)

IV. PATIENT CARE AND CLINICAL CONTRIBUTIONS

A. Patient Care Responsibilities

1. Department-wide: I provide outpatient and consultation liaison services at Women's Place – The Center for Reproductive Psychiatry at Texas Children's Hospital which is affiliated with Baylor College of Medicine. I provided reproductive psychiatry clinical care and consultation liaison services for women with perinatal, perimenstrual and perimenopausal psychiatric disorders as well as disorders of female sexual dysfunction. I direct a Reproductive Psychiatry division of which we (8 faculty) are integrated within the OB/GYN department clinical services.
2. Section or Specialty: Outpatient Women's Mental Health/ Reproductive Psychiatry
3. Clinical Service (hours/clinic half days, RVU metrics, etc.): Variable

B. Clinical Leadership or Business Development (describe roles and documented outcomes)

- Chief, Division of Reproductive Psychiatry, Baylor College of Medicine/ Texas Children’s Hospital 2022-Present
 - The Women’s Place (Reproductive Psychiatry) | Texas Children’s Pavilion for Women
 - 8 faculty members. Total FTE 6.75
 - Staff includes: 2.0 FTE RN, LCSW, front office staff and office specialists
 - Approximately 5000-7000 patient visits annually
 - Tertiary regional referral source for Perinatal Mood Disorders, PMDD, Menopausal Mood Disorders
 - Provides collaborative behavioral health care to several divisions and depts including MFM, Fetal Surgery, Gyn. Onc., REI, Cardiology, Integrative Medicine, OB/GYN generalists, Pediatrics.

- Founder and Director of the Women’s Mental Health and Wellness Program, Center for Women’s Health. Oregon Health Science University. 2013-2022
 - Operating Budget 1.2 million annually
 - 4-6 faculty members. Total FTE 4.0-5.4
 - Staff includes: 0.8 FTE RN, front office staff and office specialists
 - Approximately 5000-7000 patient visits annually
 - Tertiary regional referral source for Perinatal Mood Disorders and Female Sexual Dysfunction
 - Provides collaborative behavioral health care to several Divisions and Depts including MFM, CWH primary Care, GYN ONC, REI, Cardiology, Integrative Medicine, CNM, OB/GYN generalists, Urogynecology

- Co-Founder and co-director of the Trauma Informed Obstetric Care clinic 2020-2022
 - Department of OB/GYN in the Center for Women’s Health. Oregon Health Science University
 - Clinical program which involves shared office visits with both an Obstetrician and a Psychiatrist (trauma expert) for women at risk for Perinatal PTSD.

- Co-Founder of the Menopause and Sexual Medicine Program 2018-2022
 - Center for Women’s Health. Oregon Health Science University
 - This is an integrated clinical and educational program which involves shared office visits with both a Gynecologist (menopause expert) and a Psychiatrist (Sexual medicine expert) to provide collaborative care.

- Developer and co leader (2016-2017) of the clinical Mindfulness Based group Cognitive Behavioral Therapy program for Vulvodynia. 2016-2022
- Developer and co leader (2018) of the clinical Mindfulness Based group Cognitive Behavioral Therapy program for Low Libido. 2018-2022

C. Voluntary Health Organization Participation

D. Contributions, Initiatives or Recognition Related to Patient Safety and Healthcare Quality (include information about implementation, outcomes or dissemination, where applicable)

E. Contributions to Health and Science Policy (institutional, regional, state, or federal level)

As president of the Oregon Psychiatric Association, I was actively involved in the local legislative activity working collectively on statewide issues such as mental health parity, mental health access, expansion of statewide inpatient services, psilocybin regulation legislation, COVID-19 vaccine access.

V. SERVICE CONTRIBUTIONS

A. Administrative Assignments and Committees

1. Department Administration, Committees, etc.
 - Division Chief, Chief, Division of Reproductive Psychiatry, Baylor College of Medicine/ Texas Children's Hospital 2022-Present
 - Women's Mental Health and Wellness, Center for Women's Health OHSU 2013- 2022
 - Division Chief, Women's Mental Health and Wellness, Center for Women's Health OHSU 2013- 2022
 - Member, Department of Psychiatry Promotion and Tenure Committee OHSU 2017- 2022
 - Member, Wellness Development Committee, OHSU JBT Student Health and Wellness 2011-2013
2. Institution-wide or School Administration, Committees, etc.
 - Perinatal Mental Health Research Program 2023-
 - TCH Behavioral Health Task Force 2022-
 - BCM OBGYN Department Leadership Council 2022-
 - OHSU Medical Student Admissions Interviewer 2019-2020
 - OHSU Center for Women's Health (CWH) Sexual Medicine Collaborative 2017-2019
 - OHSU Family Planning Exceptional Case Committee 2017-2022
 - OHSU Psychosomatic Medicine Program Evaluation Committee 2015-2022
 - Psychosomatic Medicine Clinical Competency Committee Portland VAPOHS 2013-2022
 - OHSU CWH Outpatient Leadership Council 2013-2022
 - LUMC Loyola University Women's Health Guideline Committee 2004-2022
 - LUMC Women's Mental Health Program Development Committee 2003-2005

B. National, Regional or Local Participation in Professional or Voluntary Organizations

- Postpartum Support International (PSI) 2003-2022
 1. Professional Board Member 2019 –
 2. Medical Director –PSI Perinatal Psychiatric Consult Line (a national volunteer consultation line for medical professional seeking consultation for reproductive psychiatry consults) 2019-
 3. Chair, Research Committee 2022-
 4. Education Committee member – (oversees PSI education programs and certifications including): 2019-2022
 - 2-Day Perinatal Mood and Anxiety Disorders Training
 - Advanced Perinatal Mental Health Training
 - Certification in Perinatal Mental Health – PMH-C
 - Frontline Provider Training
- Patient Centered Outcomes Research PCORI (ELM) Evaluating Lifeline4Moms
 1. National Advisory Board Member 2020-
- Oregon Psychiatric Physician Association (OPPA) 2006-2022
 1. President 2020-2021
 2. President Elect 2019-2020
 3. Chairman, Programming Committee 2008-2011
 4. Member, Programming Committee 2006-2019
- American Association of Sexuality Educators Counselors & Therapists (AASECT) 2014-
 1. Abstract Proposal Reviewer- 2018
- Society for Sex Therapy and Research (SSTAR) 2015-2017
- International Society Reproductive Psychiatrists
 - Chair, Education Committee 2019–

- International Society for the Study of Women’s Sexual Health (ISSWSH)
 - Member, Scientific Committee 2019-2022
 - 1. Abstract Proposal Reviewer
- American Society of Reproductive Medicine (ASRM) 2013-2015
 - 1. Contributor, Best Practice Guidelines 2015

C. Other Pertinent Information

End